

Conserving Our Resources

People use energy resources from Earth every day. Both renewable and nonrenewable resources provide you with the energy you need to live. If every person in the world committed to changing a few habits, the impact on the environment would be huge! Work with your child to create a list of ways to conserve energy resources. Make a pledge to become an *Energy Saver*.

Guiding Questions:

- Can you walk or ride a bike somewhere instead of driving?
- Can you combine errands to reduce driving trips and save gas?
- Can you save electricity by turning off lights or technology?
- Can you save natural gas by setting your thermostat differently?
- Can you use renewable energy sources, e.g., drying your clothes on a clothesline?

Brainstorm a list of ideas that your family will perform to become better Energy Savers. Choose *three* tasks and commit to carrying them out for a *month*.

Answer the following questions:

1. Do these tasks seem difficult or manageable?
2. Why do you think you have not tried these energy-friendly ideas in the past?
3. What do you think could happen if everyone in the world committed to performing three new habits that would help conserve our energy resources?

